

## Upcoming Events

5th-11th	Healthy Lunch Box Week (Healthy food)
10th -11th	Lunar New Year - Year of the Dragon
13th Feb	Pancake Day (Funds Raising)
14th Feb	Valentine's Day
21st Feb	International Mother Language Day

## Children's learning goal

Achieving learning goals for children requires cooperation between the centre and parents. One crucial strategy involves educators and the centre aligning their approaches to ensure consistency in how children learn. This eliminates confusion and promotes effective learning. Collaboration between educators and parents will be our priority strategy to achieve our children's goals. Therefore, we strongly encourage face-to-face meetings or phone calls with parents, whichever is preferable, as we strive to accommodate your needs. Together, we inspire for our children to achieve their goals and thrive in their learning journey.

## Healthy lunch box week

Encouraging children to eat healthily is undoubtedly one of the most crucial aspects we must prioritize in our daily routines. To support this, educators will conduct a series of activities throughout the week aimed at teaching children about the nutritional value of the food they consume. By emphasizing the importance of nutrition-rich foods, we ensure the overall well-being of our children.

Our decision to provide Kids Gourmet food is intentional, as it guarantees sufficient nutrition and transparently lists every ingredient and portion size. Therefore, at Turrumurra Kindergarten, we are dedicated to serving our children with nutritious meals, reinforcing their understanding and appreciation of healthy eating habits.

## Lunar New Year - Year of the Dragon

The year 2024 is the Year of the Dragon in the Chinese Lunar Calendar. People born in the year of the Dragon are believed to be confident, courageous, and enthusiastic. Dragons are considered symbols of power, good luck, and success in Chinese culture. In 2024, people will celebrate the Lunar New Year with various traditions and activities.

We will have an Incursion of Lion Dance for the children on February 15th, Thursday, at 3:30 p.m. This incursion will use storytelling to narrate a hero's journey that explains the origins of Chinese New Year and Lion Dancing.

### Activities include

- Chinese New Year Story
- Show & Tell (Drums, Banner, Lantern)
- Cymbaling routine
- Giving out Red Envelops
- Show and Tell Lion Costume
- Playtime with Lion (Feeding on Red Packets)
- The Race of 12 Zodiac
- Gather the Kids into groups to go in costume.
- Giveaways (Storybook for Centre & Stickers for Kids)



## Useful Information

### Effectively addressing biting behaviours in children

Biting is a common occurrence among children in childcare settings. As you may have observed, young children often use their mouths to explore their environment, and biting can be a natural extension of this exploration. In children under three years old, the urge to bite may stem from their natural curiosity or be linked to feelings of stress, frustration, or excitement.

As educators, we are here to support you and your child if biting issues arise. We believe that working cooperatively with families and providing consistent care can be beneficial in helping children understand and manage their behavior.

At this moment, we would like to provide you with a link to a resource that may be helpful.

**Link to resource:** <https://www.startingblocks.gov.au/other-resources/factsheets/managing-children-s-challenging-behaviour-biting>

## Sun safety

Since we're still in the summer season, we kindly ask that you ensure your children have extra clothes, including pants, in their bags, and bring a water bottle. Parents are welcome to apply sunscreen on their children during morning drop-offs; our sunscreen is readily available for your convenience.



## Sustainability

Recently, we acquired a compost bin for our Centre and began introducing children to its use. Teaching children to utilize leftover fruits and vegetables is also an important topic that helps them understand how to care for the environment.

## Policy updates

- Privacy and Confidentiality Policy
- Grievance Policy
- Excursion Policy



## Educator of the month

In Turramurra Kindergarten, we deeply value and appreciate the care that our dedicated educators provide to our children every day. Furthermore, they put tremendous effort into creating engaging and enriching activities for the children. Their dedication truly means everything to our children.

Therefore, in Turramurra Kindergarten, we believe it's essential to recognise and reward our educators for their contributions to the children's development. With that in mind, we are delighted to announce that the Educator of the Month for January 2024 is Miss Jessey.

Dear Miss Jessey,

We would like to express our heartfelt gratitude for fulfilling your work responsibilities and collaborating effectively with the other educators in the Wallabies room to set up wonderful activities. Your dedication and teamwork are truly appreciated, and we are fortunate to have you as part of our center.

## Refer a friend program

We are offering a great new initiative for our families and friends between now and the **END OF MARCH 2024** called "REFER A FRIEND". **This will commence from January 4th** and will enable you to get some free care days\* for your child whenever you introduce our services to a friend or family member and they complete an enrolment with us to commence now or at the start of 2024.

\*Conditions Apply- New enrolment must continue their enrolment for three months, at which time a credit for the number of days per seek your friend or family have enrolled will be applied to your account (For your gap fee amount)